



Managers Impairment Assessment

Course information



impairmenttraining.com.au

Managers Impairment Assessment Course

COURSE OVERVIEW

This **online** program provides managers the knowledge and skills to assist employees who may be affected by drug and alcohol use, and/or a mental health condition (or suffering from fatigue/covid19) in the workplace.

The program is designed to help managers determine **appropriate workplace assistance** and **support strategies**, so they can act with confidence to support their workers. It does not enable a manager to diagnose an employee's alcohol/drug or mental health issue or act as an expert.

PROCESS

The training includes short videos, exercises, and scenarios to help engagement with the program and develop skills and understanding of how best to support employees. During the course managers can download PDF reference documents containing critical information and advice.

CONTACT

Questions? Please contact Director & Program Organiser Jimmy Finnane on **0499 212 118** or email jimmy@impairmenttraining.com.au



Jimmy Finnane
Director & Program Organiser

Course Outline



CERTIFICATION

Assessment is integrated into activities throughout the course which consists of 3 modules. Upon completion, participants will receive their certificate within 12 hours.



ACADEMIC OVERSIGHT

Accredited by one of Australia's leading experts, Adjunct Professor Ken Pidd.



DURATION

The online course duration is approximately 1.5 hours – 2 hours.

Course Modules



Alcohol and Drug use impacts on the Workplace

- Overview of how an employee's consumption of alcohol and or drugs may impact Workplace safety, other employees, and productivity
- Ways to assess their risk
- Strategies for providing workplace assistance and support to employees who may be experiencing alcohol or drug related problems



Mental Health in the Workplace

- Overview of various mental health conditions
- Strategies to establish and maintain a mentally healthy workplace
- Strategies to assist an employee who may be experiencing a mental health issue



Managing Fatigue in the Workplace

- Overview of the signs and symptoms of fatigue
- Ways to identify and manage potential workplace risks related to fatigue
- Advice on how to implement control measures, including how to design work schedules in consultation with employees to manage fatigue